

SOUTHEASTERN MASTERS 2009 - 5/1/2009 to 5/2/2009**Raleigh, NC****MEET - Records**

11 M20-29 Weight Pentathlon	2811	1997	SAMUEL HUNT JR
11 M30 Weight Pentathlon	3662	1984	BARRY WHITE
11 M35 Weight Pentathlon	3584	1982	EDWARD HILL
11 M40 Weight Pentathlon	3601	1984	EDWARD HILL
11 M45 Weight Pentathlon	3469	2000	JEFFREY BATY
11 M50 Weight Pentathlon	4049	1998	BRUCE HENDENDAL
11 M55 Weight Pentathlon	3760	1996	MIKE VALLE
11 M60 Weight Pentathlon	4229	1996	LEONARD OLSON
11 M65 Weight Pentathlon	4479	1998	LEONARD OLSON
11 M70 Weight Pentathlon	4346	2002	RAY FEICK
11 M75 Weight Pentathlon	3984	5/5/2006	WILLIAM GARRAHAN - `UNATTACHED
11 M80 Weight Pentathlon	3759	5/6/2005	RICHARD MULKERN - `UNATTACHED
11 M85 Weight Pentathlon	1239	1990	ALBERT WHITE
11 M90 Weight Pentathlon	3612	2003	TRENT LANE
12 W20-29 Weight Pentathlon	1077	1994	DEBORAH VALLE
12 W30 Weight Pentathlon	3032	1998	DEBBIE LANCASHIRE
12 W35 Weight Pentathlon	3418	1999	DEBBIE LANCASHIRE
12 W40 Weight Pentathlon	2043	5/6/2005	HEATHER SCANLON - `UNATTACHED
12 W45 Weight Pentathlon	3588	2000	APRIL CAPWILL
12 W50 Weight Pentathlon	2848	5/4/2007	JANELLE COOPER - UNATTACHED
12 W55 Weight Pentathlon	3150	5/4/2007	BARBARA LOPICCOLO - UNATTACHED
12 W60 Weight Pentathlon	3744	1999	ERIKA MESSNER
12 W65 Weight Pentathlon	4326	2001	ERIKA MESSNER
12 W70 Weight Pentathlon	4058	5/4/2007	EVELYN WRIGHT - UNATTACHED
12 W75 Weight Pentathlon	3251	1997	LIBBY HAGEMANN
12 W80 Weight Pentathlon	3075	2002	MARGARET HINTON
12 W85 Weight Pentathlon	2966	2001	BETTY JARVIS
22 W30 Outdoor Pentathlon	1672	1996	ERIKA NOBLE
22 W35 Outdoor Pentathlon	2299	2004	REGINA RICHARDSON
22 W40 Outdoor Pentathlon	2922	5/5/2006	REGINA RICHARDSON - CAROLINA T&F
22 W45 Outdoor Pentathlon	1798	1990	GEAN HEMMING
22 W55 Outdoor Pentathlon	4067	2002	PHIL RASCHKER
22 W60 Outdoor Pentathlon	3170	1999	EDITH GRAY
22 W65 Outdoor Pentathlon	2566	5/4/2007	ANN CARTER - UNATTACHED
31 M19-29 Outdoor Pentathlon	3046	1994	JASON FAIRLEE
31 M30 Outdoor Pentathlon	3539	1979	MICHAEL RIDDLE
31 M35 Outdoor Pentathlon	3017	1996	STEPHEN WINKEL
31 M40 Outdoor Pentathlon	3386	2002	MICHAEL JANUSEY
31 M45 Outdoor Pentathlon	3662	2003	MICHAEL JANUSEY
31 M50 Outdoor Pentathlon	2918	1991	NATHANIEL CARTER
31 M55 Outdoor Pentathlon	3186	2003	NORMAN HOUGH
31 M60 Outdoor Pentathlon	3534	2001	PHIL BYRNE
31 M65 Outdoor Pentathlon	3509	1991	DENVER SMITH
31 M70 Outdoor Pentathlon	3253	2000	WILLIAM DEPRANO
31 M75 Outdoor Pentathlon	3468	1990	MILO LIGHTFOOT
31 M80 Outdoor Pentathlon	3056	1989	KARL TREI
31 M85 Outdoor Pentathlon	533	1994	KARL TREI
31 M90 Outdoor Pentathlon	2118	1999	KARL TREI
41 M19-29 3000 Meter Run	8:46.69	5/5/2006	DEVIN SWANN - RALEIGH RUNNING
41 M30 3000 Meter Run	8:43.59	1987	KEN LAMPERT
41 M35 3000 Meter Run	8:56.3h	1983	WALLIE JONES

41 M40 3000 Meter Run	9:02.0h	1985	EDWARD DAW
41 M45 3000 Meter Run	9:20.65	1985	LEW FAXON
41 M50 3000 Meter Run	9:46.1h	1986	EDWIN HARRIS
41 M55 3000 Meter Run	10:05.97	1985	GEORGE VERNOSKY
41 M60 3000 Meter Run	10:25.47	1994	ALVA GRIM
41 M65 3000 Meter Run	11:52.19	5/5/2006	MAXWELL HAMLYN - CAROLINA GODIVA
41 M70 3000 Meter Run	12:20.7h	1982	ROBERT BOAL
41 M75 3000 Meter Run	12:03.4h	1983	ED BENHAM
41 M80 3000 Meter Run	13:09.48	1989	ED BENHAM
41 M85 3000 Meter Run	16:30.0h	1984	PAUL SPANGLER
42 W20-29 3000 Meter Run	11:42.89	1990	LYNN DINGLE
42 W30 3000 Meter Run	11:06.3h	1983	CATHERINE LAMPESIS
42 W35 3000 Meter Run	11:19.8h	1983	ANNA MOORE
42 W40 3000 Meter Run	11:26.72	1988	ANNA MOORE
42 W45 3000 Meter Run	11:40.0h	1984	MARTHA KLOPFER
42 W50 3000 Meter Run	11:26.1h	1986	MARTHA KLOPFER
42 W55 3000 Meter Run	14:05.10	5/1/2009	TRENICE MULLIS-DUBOW - ATLANTA TRACK CL
42 W60 3000 Meter Run	12:06.65	2002	MARIE-LOUISE MICHELSON
42 W65 3000 Meter Run	13:13.66	5/2/2008	MARIE-LOUISE MICHELSON - UNATTACHED
42 W70 3000 Meter Run	15:30.49	1995	DORLY BRECHBUEHL
42 W75 3000 Meter Run	23:26.77	2002	MARGARET HAGGERTY
51 M30 Super Weight	11.85m	1973	THOMAS MILLER
51 M35 Super Weight	10.52m	1994	DAVID VANDERGRIFF
51 M40 Super Weight	10.92m	1996	DAVID VANDERGRIFF
51 M45 Super Weight	12.27m	1976	BOB BACKUS
51 M50 Super Weight	13.12m	1977	BOB BACKUS
51 M55 Super Weight	10.37m	1983	BOB BACKUS
51 M60 Super Weight	7.50m	1995	TIM TWOMEY
51 M65 Super Weight	8.49m	5/2/2008	ROBERT CAHNERS - FLORIDA ATHL
51 M70 Super Weight	10.00m	2002	AUSTIN BAGGETT
51 M75 Super Weight	6.50m	5/2/2008	PAY CARSTENSEN - FLORIDA ATHL
51 M80 Super Weight	6.12m	5/1/2009	WILLIAM BERGEN - UNATTACHED
51 M85 Super Weight	4.12m	2003	TRENT LANE
52 W40 Super Weight	3.76m	2001	ERIN STEWART
52 W45 Super Weight	5.45m	2000	APRIL CAPWILL
52 W50 Super Weight	7.15m	5/4/2007	JANELLE COOPER - UNATTACHED
52 W55 Super Weight	9.27m	5/4/2007	MYRLE MENSEY - UNATTACHED
52 W60 Super Weight	8.69m	5/1/2009	MYRLE MENSEY - SOUTHERN CAL STR
52 W65 Super Weight	5.82m	2003	ERIKA MESSNER
52 W70 Super Weight	5.77m	5/5/2006	MARY ROMAN - CONNECTICUT
52 W75 Super Weight	6.51m	5/2/2008	LILLIAN SNADEN - CAROLINA RAC
52 W80 Super Weight	4.87m	5/1/2009	LILLIAN SNADEN - UNATTACHED
61 M35 1500 Meter Race Walk	12:44.65	5/2/2008	RANDY WHATLEY - UNATTACHED
61 M45 1500 Meter Race Walk	12:52.32	5/2/2008	STANLEY PORTER - UNATTACHED
61 M50 1500 Meter Race Walk	7:49.82	5/1/2009	TONY HACKNEY - UNATTACHED
61 M55 1500 Meter Race Walk	8:27.58	5/4/2007	ANDREW SMITH - UNATTACHED
61 M60 1500 Meter Race Walk	8:39.30	5/4/2007	JAMES CARMINES - UNATTACHED
61 M65 1500 Meter Race Walk	9:23.82	5/1/2009	JOEL DUBOW - UNATTACHED
61 M70 1500 Meter Race Walk	11:07.41	5/1/2009	TERRY COPELAND - POTAMIC VALLEY T
61 M75 1500 Meter Race Walk	10:29.46	5/1/2009	GEORGE KIMBERLY - UNATTACHED
62 W30 1500 Meter Race Walk	12:58.46	5/2/2008	CHRISTY MOSELY - UNATTACHED
62 W45 1500 Meter Race Walk	9:30.48	5/4/2007	DONNA COPE - UNATTACHED
62 W50 1500 Meter Race Walk	8:09.36	5/1/2009	NANCI SWEAZEY - UNATTACHED
62 W55 1500 Meter Race Walk	12:59.46	5/4/2007	MARGARET MC CANN - UNATTACHED
62 W65 1500 Meter Race Walk	11:34.40	5/2/2008	YVETTE LAVIGNE - UNATTACHED
62 W70 1500 Meter Race Walk	10:38.88	5/1/2009	ESSIE FARIA - FLORIDA ATHLETIC

71 M20-29 10000 Meter Run	46:24.00	5/5/2006	PATRICK NEVINS - `UNATTACHED
71 M30 10000 Meter Run	48:21.39	5/1/2009	KEVIN GOBBLE - SOUTHERN CAL STR
71 M35 10000 Meter Run	39:54.39	5/2/2008	MARK UREN - UNATTACHED
71 M40 10000 Meter Run	36:53.37	5/1/2009	ULF ANDRE - GODIVA
71 M45 10000 Meter Run	37:36.54	5/2/2008	JOHN ANDERSON - TWIN CITY TR
71 M50 10000 Meter Run	38:06.00	5/5/2006	DAVID COUPER - CAROLINA GODIVA
71 M55 10000 Meter Run	38:32.83	5/1/2009	JAMES THORNTON - COLONIAL ROAD RU
71 M60 10000 Meter Run	48:00.82	5/1/2009	RICHARD KOHRMAN - UNATTACHED
71 M65 10000 Meter Run	47:08.00	5/5/2006	RANDALL SWANN - `UNATTACHED
71 M70 10000 Meter Run	49:49.00	5/5/2006	BILL RIECKE - `UNATTACHED
72 W30 10000 Meter Run	46:49.00	5/5/2006	KRISTEN LINNEY - `UNATTACHED
72 W65 10000 Meter Run	53:17.84	5/2/2008	MARGIE STOLL - UNATTACHED
81 M20-29 5000 Meter Race Walk	21:02.15	1996	CURT CLAUSEN
81 M30 5000 Meter Race Walk	24:05.6h	1984	PAUL WARBURTON
81 M35 5000 Meter Race Walk	22:19.40	1988	RAY FUNKHOUSER
81 M40 5000 Meter Race Walk	22:14.0h	1978	DAVE ROMANSKI
81 M45 5000 Meter Race Walk	23:27.7h	1984	JAAN ROOS
81 M50 5000 Meter Race Walk	25:02.9h	1981	SALVATORE CORRALLO
81 M55 5000 Meter Race Walk	26:02.4h	1980	ROBERT MIMM
81 M60 5000 Meter Race Walk	28:25.00	5/4/2007	JAMES CARMINES - UNATTACHED
81 M65 5000 Meter Race Walk	27:31.6h	1990	ROBERT MIMM
81 M70 5000 Meter Race Walk	29:08.5h	1988	MAX GOULD
81 M75 5000 Meter Race Walk	31:19.70	1995	COKEY DAMAN
81 M80 5000 Meter Race Walk	35:11.80	5/6/2005	ROBERT MIMM - `UNATTACHED
81 M85 5000 Meter Race Walk	37:27.4h	1986	PAUL SPANGLER
82 W20-29 5000 Meter Race Walk	31:13.18	5/1/2009	HANNAH KISLEY - UNATTACHED
82 W30 5000 Meter Race Walk	25:27.1h	1992	MICHELINE DANEAU
82 W35 5000 Meter Race Walk	27:32.6h	1992	ELLEN MARSHALL
82 W40 5000 Meter Race Walk	27:44.0h	2002	DORIT ATTIAS
82 W45 5000 Meter Race Walk	28:47.6h	1992	SUZANNE STANSFIELD
82 W50 5000 Meter Race Walk	30:11.7h	1990	SHEILA SMITH
82 W55 5000 Meter Race Walk	30:08.6h	1995	LOIS DICKER
82 W60 5000 Meter Race Walk	32:11.1h	2002	LOIS DICKER
82 W65 5000 Meter Race Walk	33:15.10	5/6/2005	LOIS DICKER - `UNATTACHED
82 W70 5000 Meter Race Walk	35:21.4h	1989	ELEANOR MILLER
82 W75 5000 Meter Race Walk	43:12.73	2003	TERRY HAMILTON
91 M20-29 5000 Meter Run	16:17.4h	1990	MICHAEL MCMAHON
91 M30 5000 Meter Run	15:27.8h	1983	ALEX WALMSLEY
91 M35 5000 Meter Run	15:21.1h	1981	IRELAND SLOAN
91 M40 5000 Meter Run	15:20.0h	1982	IRELAND SLOAN
91 M45 5000 Meter Run	16:04.6h	1978	GEORGE VERNOSKY
91 M50 5000 Meter Run	16:46.8h	1982	GEORGE VERNOSKI
91 M55 5000 Meter Run	17:57.9h	1984	ANTHONY SAPIENZA
91 M60 5000 Meter Run	19:25.1h	1994	DON LEIN
91 M65 5000 Meter Run	19:57.0h	1991	DICK BENSON
91 M70 5000 Meter Run	21:06.8h	1987	MAX QUACKENBOS
91 M75 5000 Meter Run	21:22.6h	1983	ED BENHAM
91 M80 5000 Meter Run	23:26.7h	1990	ED BENHAM
91 M85 5000 Meter Run	30:11.7h	1986	PAUL SPANGLER
92 W30 5000 Meter Run	19:44.6h	2000	PAM MCGONIGLE
92 W35 5000 Meter Run	18:13.79	1998	PATRICIA BOUVATTE
92 W40 5000 Meter Run	19:39.3h	1988	ANNA MOORE
92 W45 5000 Meter Run	21:17.5h	1990	ANNA MOORE
92 W50 5000 Meter Run	20:34.2h	1988	SUSIE KLUTTZ
92 W55 5000 Meter Run	23:42.0h	1994	JOYCE HODGES-HITE
92 W60 5000 Meter Run	25:55.0h	1999	JOYCE HODGES-HITE

92 W65 5000 Meter Run	21:40.78	5/1/2009	MARIE-LOUISE MICHELSON - UNATTACHED
92 W70 5000 Meter Run	26:46.3h	1995	DORLY BRECHBUEHL
92 W75 5000 Meter Run	34:32.74	1998	MARAGRET HAGGERTY
101 M20-29 100 Short Hurdles	15.84	1996	EDWIN SHANNON
101 M30 100 Short Hurdles	14.51	1986	JEFFREY NICHOLS
101 M35 100 Short Hurdles	14.95	1982	MICHAEL KELLY
101 M40 100 Short Hurdles	14.49	5/1/2009	TERRY REESE - UNATTACHED
101 M45 100 Short Hurdles	15.61	5/2/2008	DEXTER MCCLOUD - UNATTACHED
101 M50 100 Short Hurdles	15.51	1991	CHARLES MILLER
101 M55 100 Short Hurdles	17.79	1992	DOUGLAS ALBERTS
101 M60 100 Short Hurdles	16.24	1990	BUCK BRADBERRY
101 M65 100 Short Hurdles	17.13	1998	JAMES STOOKEY
101 M70 100 Short Hurdles	12.99	2000	JAMES STOOKEY
101 M75 100 Short Hurdles	13.92	5/6/2005	JAMES STOOKEY - `UNATTACHED
101 M80 100 Short Hurdles	17.31	1996	FRANK FINGER
101 M85 100 Short Hurdles	20.30	1994	KARL TREI
102 W20-29 100 Short Hurdles	17.85	1990	CHRISTINA SMITH
102 W40 100 Short Hurdles	12.31	1990	PHIL RASCHKER
102 W45 100 Short Hurdles	12.4h	1995	PHIL RASCHKER
102 W50 100 Short Hurdles	18.56	1992	ANN CARTER
102 W55 100 Short Hurdles	13.88	5/6/2005	PHIL RASCHKER - `UNATTACHED
102 W60 100 Short Hurdles	13.94	5/4/2007	PHIL RASCHKER - UNATTACHED
102 W65 100 Short Hurdles	20.02	2004	EVELYN WRIGHT
111 M20-29 1500 Meter Run	4:46.83	5/6/2005	ANTHONY FLEG - `UNATTACHED
111 M30 1500 Meter Run	4:55.20	5/4/2007	JEWEL ABBOTT - UNATTACHED
111 M35 1500 Meter Run	4:55.70	2004	MEL PETERSON
111 M40 1500 Meter Run	4:44.40	2001	PAUL KINNY
111 M45 1500 Meter Run	4:45.69	5/6/2005	STEVE NEARMAN - `UNATTACHED
111 M50 1500 Meter Run	4:48.38	5/1/2009	RICHARD SAMAHA - COLONIAL ROAD RU
111 M55 1500 Meter Run	5:17.00	5/5/2006	KARL FIELDS - CAROLINA T&F
111 M60 1500 Meter Run	5:30.09	5/5/2006	ROBERT BARBER - KNOXVILLE T C
111 M65 1500 Meter Run	5:50.89	5/5/2006	MAXWELL HAMLIN - CAROLINA GODIVA
111 M70 1500 Meter Run	5:54.62	5/5/2006	CHARLES ROSE - `UNATTACHED
111 M75 1500 Meter Run	6:54.12	5/5/2006	CASEY JONES - ATLANTA TRACK CL
111 M80 1500 Meter Run	7:36.55	5/5/2006	JOHN HOSNER - BLACKSBURG STRID
111 M85 1500 Meter Run	9:18.42	5/6/2005	BILL BENSON - `UNATTACHED
112 W20-29 1500 Meter Run	5:42.88	5/6/2005	EMILY CUPITO - `UNATTACHED
112 W30 1500 Meter Run	6:14.60	2001	SHERI LIEBSCHNER
112 W35 1500 Meter Run	6:01.80	5/5/2006	COURETTA SIRMANS - `UNATTACHED
112 W40 1500 Meter Run	5:17.86	5/6/2005	LORRAINE JASPER - `UNATTACHED
112 W45 1500 Meter Run	5:12.48	5/5/2006	LESLEY CHAPLIN-SWANN - `UNATTACHED
112 W50 1500 Meter Run	5:59.99	5/5/2006	MARY RICHARDS - ATLANTA TRACK CL
112 W55 1500 Meter Run	6:20.71	5/1/2009	TRENICE MULLIS-DUBOW - ATLANTA TRACK CL
112 W60 1500 Meter Run	6:07.85	5/6/2005	MARIE-LOUISE MICHELSON - `UNATTACHED
112 W65 1500 Meter Run	6:16.28	5/4/2007	MARIE-LOUISE MICHELSON - UNATTACHED
112 W70 1500 Meter Run	6:46.63	5/1/2009	JEANNE DAPRANO - UNATTACHED
112 W75 1500 Meter Run	8:25.04	5/1/2009	THELMA WILSON - UNATTACHED
112 W80 1500 Meter Run	12:39.19	5/6/2005	MARGARET HAGERTY - `UNATTACHED
131 M20-29 400 Long Hurdles	56.11	1991	JAMES ECKENRODE
131 M30 400 Long Hurdles	55.0h	1978	J. SCOTT HAGAR
131 M35 400 Long Hurdles	54.32	1983	MICHAEL KELLY
131 M40 400 Long Hurdles	57.35	1995	KEITH WITHERSPOON
131 M45 400 Long Hurdles	1:00.93	5/6/2005	JOHN DYER - `UNATTACHED
131 M50 400 Long Hurdles	1:02.04	1985	OVIDIO DE JESUS
131 M55 400 Long Hurdles	1:05.39	1985	JACK GREENWOOD
131 M60 400 Long Hurdles	49.60	5/2/2008	OZZIE BINION - ATLANTA TRAC

131 M65 400 Long Hurdles	47.89	1995	EARL FEE
131 M70 400 Long Hurdles	51.49	2001	JAMES STOOKEY
131 M75 400 Long Hurdles	55.71	5/5/2006	JAMES STOOKEY - POTOMAC VALLEY T
131 M80 400 Long Hurdles	1:25.99	1995	BOB BOAL
132 W35 400 Long Hurdles	1:23.05	2003	REGINA RICHARDSON
132 W40 400 Long Hurdles	1:19.75	1990	SKIPPER CLARK
132 W45 400 Long Hurdles	1:07.11		
132 W50 400 Long Hurdles	1:00.49	5/1/2009	NANCI SWEAZEY - UNATTACHED
132 W55 400 Long Hurdles	59.82	1991	BETTY VOSBURGH
132 W60 400 Long Hurdles	1:07.57	1993	RUTH CARRIER
132 W65 400 Long Hurdles	1:10.54	1993	LEONORE MC DANIELS
141 M20-29 100 Meter Dash	10.84	1993	LOUIS MERRICKS
141 M30 100 Meter Dash	10.7h	1997	DONALD RHETT
141 M35 100 Meter Dash	10.93	1996	DEREK HOLLOWAY
141 M40 100 Meter Dash	10.90	1990	THADDEUS BELL
141 M45 100 Meter Dash	11.53		THADDEUS BELL
141 M50 100 Meter Dash	11.51	5/6/2005	OSCAR PEYTON - `UNATTACHED
141 M55 100 Meter Dash	11.61	5/1/2009	OSCAR PEYTON - MARYLAND MASTERS
141 M60 100 Meter Dash	12.20	1999	MARION HARRISON JR
141 M65 100 Meter Dash	12.71	1991	JIM LAW
141 M70 100 Meter Dash	13.24	1994	JOHN O'NEIL
141 M75 100 Meter Dash	14.57	1999	JOHN O'NEIL
141 M80 100 Meter Dash	16.06	2003	MARLEN MC WILLIAMS
141 M85 100 Meter Dash	18.97	1998	JEREMIAH GAINES
141 M90 100 Meter Dash	23.79	1999	KARL TREI
142 W20-29 100 Meter Dash	13.13	1993	LINDA CARTER-SNYDER
142 W30 100 Meter Dash	12.54	1981	PHIL RASCHKER
142 W35 100 Meter Dash	12.1h	1982	PHIL RASCHKER
142 W40 100 Meter Dash	12.53	1988	PHIL RASCHKER
142 W45 100 Meter Dash	12.99	1995	PHIL RASCHKER
142 W50 100 Meter Dash	13.07	1999	PHIL RASCHKER
142 W55 100 Meter Dash	14.57	5/1/2009	SHARON WARREN - UNATTACHED
142 W60 100 Meter Dash	14.00	5/2/2008	PHIL RASCHKER - FLORIDA ATHL
142 W65 100 Meter Dash	15.80	2003	AUDREY LARY
142 W70 100 Meter Dash	16.02	5/2/2008	BARBARA JORDAN - MASS VELOCIT
142 W75 100 Meter Dash	17.80	2001	PATRICIA PETERSON
142 W80 100 Meter Dash	24.24	2000	CARLA CONVERY
151 M19-29 400 Meter Dash	52.04	5/6/2005	CODY HILL - `UNATTACHED
151 M30 400 Meter Dash	49.44	2004	JIMMY METAYER
151 M35 400 Meter Dash	49.93	1987	RALPH PENN
151 M40 400 Meter Dash	51.7h	1978	JOHN SNADERS
151 M45 400 Meter Dash	52.27	1985	LARRY COLBERT
151 M50 400 Meter Dash	53.15	1987	LARRY COLBERT
151 M55 400 Meter Dash	54.80	1993	LARRY COLBERT
151 M60 400 Meter Dash	54.29	5/1/2009	CHARLES ALLIE - UNATTACHED
151 M65 400 Meter Dash	59.17	1995	EARL FEE
151 M70 400 Meter Dash	1:03.14	1999	EARL FEE
151 M75 400 Meter Dash	1:14.2h	1982	BYRON FIKE
151 M80 400 Meter Dash	1:10.64	5/1/2009	EARL FEE - UNATTACHED
151 M85 400 Meter Dash	1:44.36	1999	MAX SPRINGER
151 M90 400 Meter Dash	2:36.31	2002	BOB BOAL
152 W20-29 400 Meter Dash	1:03.75	1995	DALLAS VOGELL
152 W30 400 Meter Dash	58.6h	1981	PHIL RASCHKER
152 W35 400 Meter Dash	57.9h	1983	PHIL RASCHKER
152 W40 400 Meter Dash	1:02.6h	1993	DONNA SETTLES
152 W45 400 Meter Dash	1:06.9h	1980	CHRIS MC KENZIE

152 W50 400 Meter Dash	1:09.00	5/1/2009	LESLIE CHAPLIN-SWANN - ATLANTA TRACK CL
152 W55 400 Meter Dash	1:10.74	5/6/2005	HILLEN VON MALTZAHN - `UNATTACHED
152 W60 400 Meter Dash	1:15.69	1993	BETTY VOSBURGH
152 W65 400 Meter Dash	1:18.34	2002	JEANNIE DEPRANO
152 W70 400 Meter Dash	1:26.43	5/2/2008	JEANNE DAPRANO - ATLANTA TRAC
152 W75 400 Meter Dash	1:47.02	2003	HELEN SCHLEY
152 W80 400 Meter Dash	2:34.28	5/6/2005	MARGARET HAGERTY - `UNATTACHED
161 M20-29 3000 Meter Steeplechase	10:40.40	5/6/2005	ANTHONY FLEG - `UNATTACHED
161 M30 3000 Meter Steeplechase	9:43.5h	1988	ALVIN EVERHART
161 M35 3000 Meter Steeplechase	9:49.4h	1986	LARRY FORRESTER
161 M40 3000 Meter Steeplechase	10:07.5h	1975	HAL HIGDON
161 M45 3000 Meter Steeplechase	10:05.1h	1985	LEW FAXSON
161 M50 3000 Meter Steeplechase	11:30.35	2004	RICK EDWARDS
161 M55 3000 Meter Steeplechase	11:36.00	1983	KEN CARMEN
161 M60 3000 Meter Steeplechase	7:54.14	5/5/2006	ROBERT BARBER - KNOXVILLE T C
161 M65 3000 Meter Steeplechase	9:29.0h	1993	ROLAND ANSPACH
161 M70 3000 Meter Steeplechase	10:57.81	1996	ROLAND ANSPACH
161 M75 3000 Meter Steeplechase	11:33.3h	1990	BOB BOAL
161 M80 3000 Meter Steeplechase	14:42.4h	1993	BOB BOAL
162 W50 2000 Meter Steeplechase	8:52.69	2002	HILLEN STUBENDORF
162 W55 2000 Meter Steeplechase	8:34.45	5/5/2006	HILLEN VON MALTZAHN - TENDONITIS A C
162 W60 2000 Meter Steeplechase	9:05.36	2003	MARIE-LOUISE MICHELSON
162 W65 2000 Meter Steeplechase	9:25.79	5/2/2008	MARIE-LOUISE MICHELSON - UNATTACHED
171 M20-29 200 Meter Dash	21.78	1993	LOUIS MERRICKS
171 M30 200 Meter Dash	21.7h	1972	JOHNNY MOON
171 M35 200 Meter Dash	22.11	1996	DEREK HOLLOWAY
171 M40 200 Meter Dash	22.59	1987	THADDEUS BELL
171 M45 200 Meter Dash	23.38	2000	THOMAS JONES
171 M50 200 Meter Dash	23.24	5/6/2005	OSCAR PEYTON - `UNATTACHED
171 M55 200 Meter Dash	23.47	5/1/2009	OSCAR PEYTON - MARYLAND MASTERS
171 M60 200 Meter Dash	24.81	5/1/2009	CHARLES ALLIE - UNATTACHED
171 M65 200 Meter Dash	26.10	1991	JIM LAW
171 M70 200 Meter Dash	28.08	2000	JAMES STOOKEY
171 M75 200 Meter Dash	30.75	1992	BILL WEINACHT
171 M80 200 Meter Dash	36.32	5/2/2008	JACK GREENWALD - UNATTACHED
171 M85 200 Meter Dash	41.60	1994	KARL TREI
171 M90 200 Meter Dash	52.20	1999	KARL TREI
172 W20-29 200 Meter Dash	25.68	1993	KATHY HARRISON
172 W30 200 Meter Dash	25.69	1981	PHIL RASCHKER
172 W35 200 Meter Dash	25.48	1984	PHIL RASCHKER
172 W40 200 Meter Dash	25.8h	1988	PHIL RASCHKER
172 W45 200 Meter Dash	26.88	1995	PHIL RASCHKER
172 W50 200 Meter Dash	29.24	2003	TINA HAYES
172 W55 200 Meter Dash	30.00	5/1/2009	SHARON WARREN - UNATTACHED
172 W60 200 Meter Dash	29.84	5/4/2007	PHIL RASCHKER - UNATTACHED
172 W65 200 Meter Dash	34.10	2003	AUDREY LARY
172 W70 200 Meter Dash	35.09	5/2/2008	BARBARA JORDAN - MASS VELOCIT
172 W75 200 Meter Dash	38.64	2001	PATRICIA PETERSON
172 W80 200 Meter Dash	57.96	2000	CARLA CONVERY
181 M19-29 800 Meter Run	2:07.68	5/6/2005	CODY HILL - `UNATTACHED
181 M30 800 Meter Run	1:55.2h	1979	EDWARD DAW
181 M35 800 Meter Run	1:57.82	1981	RAMSEY THOMAS
181 M40 800 Meter Run	2:01.1h	1979	HYLKE VANDERWAL
181 M45 800 Meter Run	2:05.47	1989	MAURICE MC DONALD
181 M50 800 Meter Run	2:08.61	5/1/2009	JOHN DYER - CAROLINAS TRACK
181 M55 800 Meter Run	2:14.18	1984	KELSEY BROWN

181 M60 800 Meter Run	2:19.75	1991	EARL FEE
181 M65 800 Meter Run	2:15.98	1994	EARL FEE
181 M70 800 Meter Run	2:24.60	1999	EARL FEE
181 M75 800 Meter Run	2:55.98	1984	ED BENHAM
181 M80 800 Meter Run	2:53.29	5/1/2009	EARL FEE - UNATTACHED
181 M85 800 Meter Run	4:13.50	1999	MAX SPRINGER
182 W20-29 800 Meter Run	2:31.95	1996	RONISE CRUMPLER
182 W30 800 Meter Run	2:25.36	1982	SUSAN HOULTON
182 W35 800 Meter Run	2:31.41	1984	SKIPPER CLARK
182 W40 800 Meter Run	2:27.78	5/6/2005	LORRAINE JASPER - `UNATTACHED
182 W45 800 Meter Run	2:23.31	5/6/2005	LESLEY CHAPLIN-SWANN - `UNATTACHED
182 W50 800 Meter Run	2:43.36	1998	KATE FULKERSON
182 W55 800 Meter Run	3:10.0h	1985	NANCY BELL
182 W60 800 Meter Run	2:56.19	2003	MARIE-LOUISE MICHELSON
182 W65 800 Meter Run	3:17.00	2001	MARILYN FITZGERALD
182 W70 800 Meter Run	3:47.93	1995	DORLY BRECHBUEHL
182 W75 800 Meter Run	4:09.32	5/1/2009	THELMA WILSON - UNATTACHED
182 W80 800 Meter Run	6:15.07	5/6/2005	MARGARET HAGERTY - `UNATTACHED
191 M17-100 4x100 Meter Relay	48.58	5/1/2009	PONY EXPRESS TRACK CLUB - PONY EXPRESS TR/ R Harding, D Lizama, L Redden, L Sanders
193 M20-100 4x400 Meter Relay	4:52.60	5/1/2009	CARY/APEX - CARY/APEX E Braschwitz, O Peyton, L Puryear, C Sarsony
194 W20-100 4x400 Meter Relay	5:11.18	5/1/2009	INTERNATIONAL GALS - INTERNATIONAL GA L Chaplin-Swann, M Richards, K Willis, N Sweazey
201 M30 Hammer Throw	53.04m	1973	THOMAS MILLER
201 M35 Hammer Throw	48.74m	1994	DAVID VANDERGRIF
201 M40 Hammer Throw	50.18m	1996	DAVID VANDERGRIF
201 M45 Hammer Throw	53.11m	1976	BOB BACKUS
201 M50 Hammer Throw	46.52m	1986	JOSEPH CHADBOURNE
201 M55 Hammer Throw	45.64m	2000	GEORGE MATTHEWS
201 M60 Hammer Throw	44.62m	2003	BOB CAHNERS
201 M65 Hammer Throw	42.74m	5/1/2009	ROBERT CAHNERS - FLORIDA ATHLETIC
201 M70 Hammer Throw	42.42m	1990	THOMAS MC DERMOTT
201 M75 Hammer Throw	32.72m	1990	NOLAN FOWLER
201 M80 Hammer Throw	26.19m	5/6/2005	RICHARD MULKERN - `UNATTACHED
201 M85 Hammer Throw	16.58m	5/2/2008	BRIAN POWER-WATERS - UNATTACHED
201 M90 Hammer Throw	16.46m	2003	TRENT LANE
202 W20-29 Hammer Throw	34.78m	2001	CARRIE LANE
202 W30 Hammer Throw	31.52m	1994	ELANA BAVEL-GOLDBERG
202 W35 Hammer Throw	43.74m	2000	DEBBIE LANCASHIRE
202 W40 Hammer Throw	37.98m	2004	DEBBIE LANCASHIRE
202 W45 Hammer Throw	30.04m	1990	BRENDA BLOOMFIELD
202 W50 Hammer Throw	35.42m	1994	BRENDA BLOOMFIELD
202 W55 Hammer Throw	37.69m	5/2/2008	MYRLE MENSEY - SO. CALIF. S
202 W60 Hammer Throw	35.36m	2004	CAROL YOUNG
202 W65 Hammer Throw	27.35m	2002	EVELYN WRIGHT
202 W70 Hammer Throw	23.22m	5/5/2006	MARY ROMAN - CONNECTICUT
202 W75 Hammer Throw	19.56m	1997	LIBBY HAGEMANN
202 W80 Hammer Throw	14.44m	1997	BETTY JARVIS
202 W85 Hammer Throw	12.36m	2001	BETTY JARVIS
211 M20-29 Shot Put	14.37m	1997	SAMUEL HUNT JR
211 M30 Shot Put	15.95m	1985	BOB MEDLIN
211 M35 Shot Put	17.68m	1981	MANFRED BUCHMEULLER
211 M40 Shot Put	16.34m	1986	EDWARD HILL
211 M45 Shot Put	14.73m	1998	CRAIG SHUMAKER
211 M50 Shot Put	15.90m	1999	CRAIG SHUMAKER

211 M55 Shot Put	14.74m	5/6/2005	CRAIG SHUMAKER - `UNATTACHED
211 M60 Shot Put	15.25m	2000	GLEN JOHNSON
211 M65 Shot Put	13.91m	5/6/2005	GERALD VAUGHN - `UNATTACHED
211 M70 Shot Put	14.86m	5/5/2006	GERALD VAUGHN - CAROLINA T&F
211 M75 Shot Put	11.53m	5/4/2007	LARRY HORINE - UNATTACHED
211 M80 Shot Put	8.92m	5/6/2005	RICHARD MULKERN - `UNATTACHED
211 M85 Shot Put	7.29m	5/2/2008	BRIAN POWER-WATERS - UNATTACHED
211 M90 Shot Put	6.70m	2003	TRENT LANE
212 W30 Shot Put	11.50m	1996	JULIE BREDENBECK
212 W35 Shot Put	11.41m	2000	DEBBIE LANCASHIRE
212 W40 Shot Put	11.02m	2004	DEBBIE LANCASHIRE
212 W45 Shot Put	10.14m	2000	APRIL CAPWILL
212 W50 Shot Put	9.85m	1996	ERIKA SZANTO
212 W55 Shot Put	10.71m	5/2/2008	MYRLE MENSEY - SO. CALIF. S
212 W60 Shot Put	10.19m	5/1/2009	MYRLE MENSEY - SOUTHERN CAL STR
212 W65 Shot Put	9.30m	2001	ERIKA MESSNER
212 W70 Shot Put	7.84m	5/5/2006	MARY ROMAN - CONNECTICUT
212 W75 Shot Put	7.17m	5/2/2008	GLORIA KRUG - PHILADELPHIA
212 W80 Shot Put	5.25m	2002	MARGARET HINTON
212 W85 Shot Put	5.45m	2004	JUANITA BROOKOVER
212 W90 Shot Put	4.30m	5/6/2005	JUANITA BROOKOVER - `UNATTACHED
221 M20-29 Discus Throw	57.54m	1997	ANDREW BLOOM
221 M30 Discus Throw	49.04m	1982	BARRY WHITE
221 M35 Discus Throw	49.30m	1978	ERNST SOUDEK
221 M40 Discus Throw	60.02m	1988	AL OERTER
221 M45 Discus Throw	44.86m	1988	LARRY PRATT
221 M50 Discus Throw	56.18m	1989	AL OERTER
221 M55 Discus Throw	45.85m	2000	LARRY PRATT
221 M60 Discus Throw	54.10m	2000	GLEN JOHNSON
221 M65 Discus Throw	48.26m	5/6/2005	GLEN JOHNSON - `UNATTACHED
221 M70 Discus Throw	39.23m	5/2/2008	WILLIAM GRAMLEY - CAROLINAS TR
221 M75 Discus Throw	35.15m	2000	JOHN GAMBLE
221 M80 Discus Throw	29.28m	5/6/2005	RICHARD MULKERN - `UNATTACHED
221 M85 Discus Throw	19.30m	5/2/2008	BRIAN POWER-WATERS - UNATTACHED
221 M90 Discus Throw	16.01m	2003	TRENT GREEN
221 M95 Discus Throw	8.95m	2001	EVERETT HOSACK
222 W20-29 Discus Throw	13.40m	1994	DEBORAH VALLE
222 W30 Discus Throw	39.54m	1996	JULIE BREDENBECK
222 W35 Discus Throw	38.09m	2000	DEBBIE LANCASHIRE
222 W40 Discus Throw	36.55m	2004	DEBBIE LANCASHIRE
222 W45 Discus Throw	34.01m	2000	APRIL CAPWILL
222 W50 Discus Throw	25.09m	5/4/2007	JANELLE COOPER - UNATTACHED
222 W55 Discus Throw	29.11m	5/2/2008	MYRLE MENSEY - SO. CALIF. S
222 W60 Discus Throw	28.20m	1987	BERNICE HOLLAND
222 W65 Discus Throw	25.72m	1993	BERNICE HOLLAND
222 W70 Discus Throw	20.64m	1992	ELGA MERI
222 W75 Discus Throw	17.20m	5/2/2008	GLORIA KRUG - PHILADELPHIA
222 W80 Discus Throw	14.06m	1997	BETTY JARVIS
222 W85 Discus Throw	13.13m	2003	JUANITA BROOKOVER
222 W90 Discus Throw	11.56m	5/6/2005	JUANITA BROOKOVER - `UNATTACHED
231 M20-29 Javelin Throw	61.24m	1994	JASON FAIRLEE
231 M30 Javelin Throw	64.74m	1979	JOHN PIATEK
231 M35 Javelin Throw	60.70m	1985	BOB CONROY
231 M40 Javelin Throw	70.77m	2002	ARNE BRADSTOCK
231 M45 Javelin Throw	68.80m	5/4/2007	ARNE BRADSTOCK - UNATTACHED
231 M50 Javelin Throw	69.12m	5/5/2006	MICHAEL BROWN - FLORIDA ATHLETIC

231 M55 Javelin Throw	62.25m	5/1/2009	MIKE BROWN - UNATTACHED
231 M60 Javelin Throw	46.81m	5/5/2006	MARTIN MENKIN - FLORIDA ATHLETIC
231 M65 Javelin Throw	44.20m	2003	ESSE SATARI
231 M70 Javelin Throw	38.57m	2001	LARRY HORINE
231 M75 Javelin Throw	33.64m	1992	FRANCISCO COLON
231 M80 Javelin Throw	25.84m	5/2/2008	WILLIAM DAPRANO - ATLANTA TRAC
231 M85 Javelin Throw	20.96m	1994	KARL TREI
231 M90 Javelin Throw	15.18m	1999	KARL TREI
231 M95 Javelin Throw	6.27m	2001	EVERETT HOSACK
232 W19-29 Javelin Throw	32.85m	5/5/2006	KIANA SMITH - `UNATTACHED
232 W30 Javelin Throw	48.62m	1982	BARBARA FRIEDRICH
232 W35 Javelin Throw	29.50m	2002	LIZ PITSER
232 W40 Javelin Throw	28.10m	1988	M K PIERCE
232 W45 Javelin Throw	33.68m	2000	APRIL CAPWILL
232 W50 Javelin Throw	26.74m	1984	JOAN DASH
232 W55 Javelin Throw	28.14m	1986	BERNICE HOLLAND
232 W60 Javelin Throw	26.16m	1987	BERNICE HOLLAND
232 W65 Javelin Throw	28.69m	2001	ERIKA MESSNER
232 W70 Javelin Throw	24.24m	1992	ELGA MERI
232 W75 Javelin Throw	17.25m	5/2/2008	GLORIA KRUG - PHILADELPHIA
232 W80 Javelin Throw	12.50m	1998	KATHERINE GRADICK
232 W85 Javelin Throw	11.46m	2001	JUANITA BROOKOVER
232 W90 Javelin Throw	9.91m	5/6/2005	JUANITA BROOKOVER - `UNATTACHED
241 M30 Weight Throw	17.44m	1973	THOMAS MILLER
241 M35 Weight Throw	15.78m	1982	EDWARD HILL
241 M40 Weight Throw	16.20m	1996	DAVID VANDERGRIF
241 M45 Weight Throw	17.72m	1976	BOB BACKUS
241 M50 Weight Throw	15.50m	1998	BRUCE HEDENDAL
241 M55 Weight Throw	15.80m	1983	BOB BACKUS
241 M60 Weight Throw	18.13m	2003	BOB CAHNERS
241 M65 Weight Throw	16.66m	5/2/2008	ROBERT CAHNERS - FLORIDA ATHL
241 M70 Weight Throw	15.72m	5/6/2005	RAY FEICK - `UNATTACHED
241 M75 Weight Throw	12.95m	5/6/2005	WILLIAM GARRAHAN - `UNATTACHED
241 M80 Weight Throw	13.10m	5/6/2005	RICHARD MULKERN - `UNATTACHED
241 M85 Weight Throw	8.20m	5/2/2008	BRIAN POWER-WATERS - UNATTACHED
241 M90 Weight Throw	9.41m	2003	TRENT LANE
242 W20-29 Weight Throw	6.06m	1994	DEBORAH VALLE
242 W30 Weight Throw	10.26m	1994	ELANA BAVEL-GOLDBERG
242 W35 Weight Throw	9.73m	2003	KELLY THOMPSON
242 W40 Weight Throw	10.13m	1989	BRENDA BLOOMFIELD
242 W45 Weight Throw	8.56m	1991	BRENDA BLOOMFIELD
242 W50 Weight Throw	10.72m	1994	BRENDA BLOOMFIELD
242 W55 Weight Throw	13.38m	5/2/2008	MYRLE MENSEY - SO. CALIF. S
242 W60 Weight Throw	14.96m	5/1/2009	MYRLE MENSEY - SOUTHERN CAL STR
242 W65 Weight Throw	12.43m	2001	ERIKA MESSNER
242 W70 Weight Throw	9.96m	5/5/2006	MARY ROMAN - CONNECTICUT
242 W75 Weight Throw	8.54m	5/2/2008	GLORIA KRUG - PHILADELPHIA
242 W80 Weight Throw	6.93m	5/1/2009	LILLIAN SNADEN - UNATTACHED
242 W85 Weight Throw	6.18m	2001	BETTY JARVIS
251 M20-29 Long Jump	6.68m	1997	MARCUS MATTHEWS
251 M30 Long Jump	7.32m	1999	VINCENT MARTIN
251 M35 Long Jump	6.92m	1997	JULIUS MEEKINS
251 M40 Long Jump	6.84m	1978	THOMAS CHILTON
251 M45 Long Jump	6.50m	1980	RUDOLF ENDERS
251 M50 Long Jump	6.16m	1996	MICHAEL MC DANIEL
251 M55 Long Jump	5.68m	2001	MICHAEL MC DANIEL

251 M60 Long Jump	5.14m	1982	BOO MORCOM
251 M65 Long Jump	4.94m	1978	EDWIN LUKENS
251 M70 Long Jump	4.91m	2000	JAMES STOOKEY
251 M75 Long Jump	4.17m	5/4/2007	JAMES 121 - UNATTACHED
251 M80 Long Jump	3.84m	2001	TOM KENNEL
251 M85 Long Jump	3.20m	1994	KARL TREI
251 M90 Long Jump	2.61m	1999	KARL TREI
252 W20-29 Long Jump	5.33m	1996	ISABELLE JACQUOT
252 W30 Long Jump	4.80m	1986	SUSAN SHANK
252 W35 Long Jump	5.46m	1985	PHIL RASCHKER
252 W40 Long Jump	5.70m	1987	PHIL RASCHKER
252 W45 Long Jump	5.39m	1995	PHIL RASCHKER
252 W50 Long Jump	3.89m	2002	HILLEN STUBENDORF
252 W55 Long Jump	4.77m	2002	PHIL RASCHKER
252 W60 Long Jump	4.22m	2000	BARBARA CLEVELAND
252 W65 Long Jump	3.94m	2000	LEONORE MC DANIELS
252 W70 Long Jump	3.49m	5/4/2007	AUDREY LARY - UNATTACHED
252 W75 Long Jump	3.17m	2003	LEONORE MC DANIELS
252 W80 Long Jump	1.71m	2000	CARLA CONVERY
261 M20-29 Pole Vault	3.66m	1991	EROK HASTY
261 M30 Pole Vault	4.74m	1984	CHARLES STRODE
261 M35 Pole Vault	4.72m	1985	CHARLES STRODE
261 M40 Pole Vault	4.42m	1986	ROBERT NEUTZLING
261 M45 Pole Vault	4.42m	5/5/2006	BILL HALVERSON - UNATTACHED
261 M50 Pole Vault	4.17m	2003	VINCE STRUBLE
261 M55 Pole Vault	3.94m	1977	BOO MORCOM
261 M60 Pole Vault	3.65m	5/4/2007	JOE JOHNSTON - UNATTACHED
261 M65 Pole Vault	3.52m	1986	BOO MORCOM
261 M70 Pole Vault	3.05m	5/2/2008	TAYLOR GOODE - UNATTACHED
261 M75 Pole Vault	2.12m	1990	IAN HUME
261 M80 Pole Vault	1.68m	1985	A E PITCHER
262 W40 Pole Vault	2.44m	1988	PHIL RASCHKER
262 W45 Pole Vault	3.20m	1995	PHIL RASCHKER
262 W50 Pole Vault	2.90m	1999	PHIL RASCHKER
262 W55 Pole Vault	2.81m	5/5/2006	HILLEN VON MALTZAHN - TENDONITIS A C
262 W60 Pole Vault	2.45m	2000	BARBARA CLEVELAND
262 W65 Pole Vault	2.29m	5/5/2006	JOY MACDONALD - ATLANTA TRACK CL
262 W70 Pole Vault	2.10m	1999	LEONORE MC DANIELS
262 W75 Pole Vault	1.78m	2003	LEONORE MC DANIELS
271 M20-29 High Jump	1.92m	1990	JOSEPH MC GLONE
271 M30 High Jump	2.10m	1989	MARK WILLIAMSON
271 M35 High Jump	2.00m	1993	MARK WILLIAMSON
271 M40 High Jump	1.90m	5/1/2009	KARL HAWKE - NIKE CENTRAL PAR
271 M45 High Jump	2.00m	5/5/2006	BRUCE MCBARNETTE - POTOMAC VALLEY T
271 M50 High Jump	1.89m	5/2/2008	BRUCE MCBARNETTE - POTOMAC VALL
271 M55 High Jump	1.60m	1977	BOO MORCOM
271 M60 High Jump	1.50m	1995	G. YODER, S. WHITE
271 M65 High Jump	1.60m	1993	JAMES GILCRIST
271 M70 High Jump	1.40m	1985	IAN HUME
271 M75 High Jump	1.30m	1990	IAN HUME
271 M80 High Jump	1.16m	1982	A E PITCHER
271 M85 High Jump	1.06m	5/6/2005	RALPH MAXWELL - UNATTACHED
271 M90 High Jump	0.90m	2002	BOB BOAL
272 W20-29 High Jump	1.75m	2000	NICOLE HUDSON
272 W30 High Jump	1.52m	2001	KIMIKO NAKATAKE
272 W35 High Jump	1.60m	1984	PHIL RASCHKER

272 W40 High Jump	1.56m	1989	PHIL RASCHKER
272 W45 High Jump	1.55m	1995	PHIL RASCHKER
272 W50 High Jump	1.35m	5/5/2006	ELEANOR GIPSON - `UNATTACHED
272 W55 High Jump	1.40m	2002	PHIL RASCHKER
272 W60 High Jump	1.27m	1999	GRAY, WRIGHT, CLEVELAND
272 W65 High Jump	1.23m	1993	LEONORE MC DANIELS
272 W70 High Jump	1.22m	1998	LEONORE MC DANIELS
272 W75 High Jump	1.13m	2003	LEONORE MC DANIELS
272 W80 High Jump	0.70m	2002	MARGARET HINTON
281 M20-29 Triple Jump	14.26m	1994	GLENN YODER
281 M30 Triple Jump	14.64m	1984	KEITH WITHERSPOON
281 M35 Triple Jump	13.86m	1977	NORM TATE
281 M40 Triple Jump	14.09m	1993	KEITH WITHERSPOON
281 M45 Triple Jump	12.78m	1985	HENRY GRADEN
281 M50 Triple Jump	11.45m	2001	BOB ROCKWELL
281 M55 Triple Jump	11.01m	5/5/2006	BOBBY TERRELL - `UNATTACHED
281 M60 Triple Jump	10.68m	1986	EDWIN LUKENS
281 M65 Triple Jump	10.51m	1995	JAMES STOOKEY
281 M70 Triple Jump	10.11m	2000	JAMES STOOKEY
281 M75 Triple Jump	8.74m	5/5/2006	JAMES STOOKEY - POTOMAC VALLEY T
281 M80 Triple Jump	7.90m	1989	KARL TREI
281 M85 Triple Jump	6.78m	1994	KARL TREI
281 M90 Triple Jump	5.29m	1999	KARL TREI
282 W20-29 Triple Jump	11.00m	1993	LINDA CARTY-SNYDER
282 W30 Triple Jump	9.74m	2001	KIMIKO NAKATAKE
282 W35 Triple Jump	11.37m	2004	REGINA RICHARDSON
282 W40 Triple Jump	11.25m	5/6/2005	REGINA RICHARDSON - `UNATTACHED
282 W45 Triple Jump	10.55m	1995	PHIL RASCHKER
282 W50 Triple Jump	7.96m	2003	HILLEN STUBENDORF
282 W55 Triple Jump	7.47m	5/6/2005	HILLEN VON MALTZAHN - `UNATTACHED
282 W60 Triple Jump	8.91m	5/1/2009	PHIL RASCHKER - UNATTACHED
282 W65 Triple Jump	8.22m	2003	AUDREY LARY
282 W70 Triple Jump	7.60m	5/2/2008	AUDREY LARY - POTOMAC VALL
282 W75 Triple Jump	6.97m	2003	LEONORE MC DANIELS
291 M45 1 Mile Run	5:22.02	5/1/2009	JACK UNRUH - UNATTACHED
291 M50 1 Mile Run	5:05.50	5/1/2009	STEPHEN CHANTRY - COLONIAL ROAD RU
291 M60 1 Mile Run	6:21.96	5/1/2009	JAY SMITH - GODIVA
292 W50 1 Mile Run	6:53.37	5/1/2009	KATHERINE WILLIS - UNATTACHED